

Body Treatments

(Continued)

Cellulite Reduction Treatment

60 Minutes \$120
Series of 3 \$330
(\$360 value)

Professional firming cream and 30 minute deep massage is used, concentrating on areas prone to cellulite (hips, thighs, buttocks*). Relax in a cocoon of warmth and enjoy a neck and shoulder massage as products penetrate.

*A \$5 fee applies for any additional treatment area.

Traveler's Recovery

90 Minutes \$199

This treatment includes a customized aromatherapy full body massage, foot and lower leg recovery, and a hydrating facial mask with neck and shoulder massage.

Detox Delight

90 Minutes \$189

A combination of Swedish and Deep Tissue massage, incorporating warm Himalayan Salt Stone exfoliation, aromatherapy, aloe foot scrub and reflexology.

Neurotris® Non-Invasive Body Sculpting

45 Minutes \$220 for abdomen
Series of 5 \$925 (pads additional)
Series of 10 \$1,910 (pads included)

Body Neurotris® is suitable for anyone looking to lose weight, tone muscle, and improve cellulite lymphatic drainage. The results speak for themselves!

Packages

Special Day of Pampering

3 Hours \$260
(\$284 value)

Spend the day being good to yourself. Start with a relaxing aromatherapy Swedish massage, followed by a one hour Personalized Spa Facial, both complemented by soft lighting and soothing music. To complete this luxurious experience, settle in and relax for your personalized manicure and mini pedicure.

Weekly Stay Spa Special

3 Hours \$318
(\$381 value)

Treat yourself to three 60-minute aromatherapy Swedish massages, to be used throughout your vacation! (Package must be paid in full at time of first appointment.)

***** Cancellation Policy *****

Any **cancellations or changes** to treatment or appointment time within 48 hours of scheduled services will result in a charge of the full price of your intended session.

***** Gratuities *****

For your convenience, a 20% gratuity will be added to all nail and spa services, upgrades and add-on services. Additional gratuities are at the guests' discretion.

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Palm Beach Shores Resort Day Spa

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*Now Offering  
Neurotris®  
Microcurrent  
Services*



181 Ocean Avenue  
Palm Beach Shores, FL 33404

(561) 863-1707  
In house extension #1048

\*After hours, please call (561) 339-9098

### **Spa Hours**

Monday - Friday ~ 9 am - 6 pm  
Saturday ~ 10 am - 5 pm  
Sunday ~ 12 noon - 6 pm

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# Nail Services

Manicure \$28  
Spa Manicure \$42  
Gelish/Shellac Manicure \$40 or \$48 w/removal  
Hard Gel Fill \$55 And Up  
Dip Powder Manicure \$50 And Up  
Organic Hard Gel Set \$70 And Up  
Vegan / Organic Polish \$15  
Add French Polish \$10

## *Deluxe Spa Pedicure*

60 Minutes \$75

Mineral-enriched soak, exfoliation, callous treatment, hot towels, lower leg/foot massage and shaping and painting of your toe nails.

## *Spa Pedicure*

45 Minutes \$60

Includes mineral-enriched soak, exfoliation, callous treatment, hot towels, and shaping with painting of your toe nails.

## *Mini Pedicure*

30 Minutes \$40

Includes mineral-enriched soak, exfoliation, and shaping and painting of your toe nails.

## *Foot Massage*

30 Minutes \$40

Mineral-enriched foot soak, rejuvenating lower leg and foot massage with our signature eucalyptus and peppermint foot balm.

## Optional Pedicure/Foot Massage Add-Ons

Callus eliminator & Foot Scrub \$10  
Gel Polish \$20  
Dazzle Dry Top Coat \$10

## Facials

### *Personalized Spa Facial*

60 Minutes \$96

Customized facial to help you reach your skin care goals. As an added luxury, all facials include hand, arm, face, neck and shoulder massage.

#### Optional Add-Ons

Eye Puffiness Treatment \$20  
Eye or Lip Wrinkle Treatment \$20

### *Luminous Anti-Aging Facial*

60 Minutes \$125

Great for sun-lovers! Designed to reduce fine lines, strengthen elasticity, and provide relief for dull, sun-damaged skin. Your complexion resurfaces renewed, firm and extremely smooth with a luminous glow.

### *Bio-Therapeutic Facial*

75 Minutes \$150

This highly advanced facial will leave you looking and feeling like a million bucks! Includes microsonic cleansing, ultrasonic exfoliation, targeted treatment masque, Celluma LED light therapy, serum, moisturizer and sunscreen application to protect your beautiful new skin!

### *Neurotris® Microcurrent Facial*

90 Minutes \$260

Recharge cells, tone muscle, reduce puffiness and increase cellular activity through the use of low-grade electrical current. Neurotris® microcurrent facials provide immediate results that peak on the 3<sup>rd</sup> day following treatment and last about 3-6 weeks.

## Massages

### *Swedish Massage*

Through light to medium pressure, this full body massage improves circulation and relieves muscle tension.

30 Minutes (Spot Work) \$60  
60 Minutes \$107  
90 Minutes \$144  
Couples Massage \$214

#### Optional Add-Ons

Deep Tissue \$15 per hour  
Aromatherapy \$10  
Hot Stones \* \$25  
\* Back, neck and shoulders  
Back Scrub \$20

### *Warm Bamboo Massage*

60 Minutes \$120  
90 Minutes \$180

Varying sizes of heated bamboo rods are used with long flowing strokes to knead your muscles, providing a deeply relaxing and luxurious massage.

### *Trigger Point Sports Massage*

60 Minutes \$120  
90 Minutes \$180

This specialty massage addresses common chronic and injury-related pains caused by tension and stress.

### *Hot Stone Massage*

60 Minutes \$140  
90 Minutes \$210

### *Reflexology*

Hand and foot massage

30 Minutes (feet only) \$65  
45 Minutes \$80  
(inc foot scrub exfoliation)

## Body Wraps

### *Seaweed Detox Body Wrap*

60 Minutes \$125

Our soothing, firming, detoxifying seaweed mask is applied from head to toe. Luxuriate in a cocoon of warmth while your skin benefits from the natural power of seaweed - rich in vitamins, minerals, enzymes and iodine. Once the seaweed works its magic it is rinsed away, and a firming, moisturizing emulsion is applied.

## Hydrating No-Rinse Wraps

60 Minutes \$115

These wraps feature Marine Magnesium in a light seawater gel base for 100% immediate absorption and require no rinsing - supporting water conservation and sustainability efforts. Reduce muscle tension, stiffening, cramps, spasms, aches and pains, and improve joint discomfort while the products hydrate, nourish and re-mineralize your skin. Keep the product on your skin to reap the benefits all day long!

### *Crepe-No-More*

An anti-aging and firming wrap to reduce crepiness and fat accumulations, smooth skin texture and fat distortion, and deeply hydrate and nourish your skin from head to toe!

### *Cactus & Agave Vita-Repair*

In addition to anti-aging, repairing, smoothing, hydrating, and pain relief, this body treatment includes the added benefit of reducing swelling. Wonderful for anyone who is suffering the side effects of inflammation in the body!

## Body Treatments

### *Papaya Pineapple Exfoliating Body Glow*

45 Minutes \$99

Eliminates dead cells and impurities, refines the epidermis, releases negative ions, reenergizes the skin and renders skin soft and silky. Smells fantastic, feels amazing, and is a wonderful pre-massage treatment!

### *Sunburn Treatment*

30 Minutes \$60

We gently apply Fiji lotion over sunburned skin to relieve discomfort, tone redness, help prevent peeling and preserve your tan. Fiji lotion contains cold-pressed oil from the Dilo tree, which possesses a unique capacity to enhance the skin's own repair mechanism. Helps to soothe pain, irritation and inflammation, and to promote the growth of healthy skin.

### *Back Treatment*

60 Minutes \$125

A facial for your back! Includes steam, cleansing, exfoliating, extractions, massage, masque, and moisturizing.

### *Hot Oil Scalp Treatment*

30 Minutes

Short Hair \$55  
Shoulder-Length Hair \$65  
Long Hair \$75

Specialized aromatherapy-infused oil is massaged into the scalp and throughout every strand of hair. A relaxing foot massage is provided while the oil is given time to penetrate.